

# Identifying Values

Values are foundation beliefs that anchor our lives, the things that matter to us the most, the non-negotiable characteristics that best describe who we are. Look over the following list and circle the words or phrases that best illustrate your values. If you have values not listed on the list, add your values in the spaces provided. Try to circle no more than 12 or 15 words. These are the values that best describe you, even though there may be others that apply as well. (The words and phrases below are not listed in any special order of importance). Now, take the list you have circled and write them down in order of importance. If several are equal, that's okay. This is a good perspective of value base, and most of the decisions you make in life will be rooted in these values.

- |                                                                |                                                         |                                             |
|----------------------------------------------------------------|---------------------------------------------------------|---------------------------------------------|
| <input type="checkbox"/> Accomplishment                        | <input type="checkbox"/> Humility                       | <input type="checkbox"/> Service            |
| <input type="checkbox"/> Affirmation                           | <input type="checkbox"/> Humor                          | <input type="checkbox"/> Sexual fulfillment |
| <input type="checkbox"/> Ambition                              | <input type="checkbox"/> Impacting people               | <input type="checkbox"/> Silence            |
| <input type="checkbox"/> Beauty                                | <input type="checkbox"/> Independence                   | <input type="checkbox"/> Sincerity          |
| <input type="checkbox"/> Being in control                      | <input type="checkbox"/> Influence                      | <input type="checkbox"/> Solitude           |
| <input type="checkbox"/> Caution                               | <input type="checkbox"/> Integrity                      | <input type="checkbox"/> Spiritual growth   |
| <input type="checkbox"/> Career                                | <input type="checkbox"/> Joy                            | <input type="checkbox"/> Stability          |
| <input type="checkbox"/> Collaboration                         | <input type="checkbox"/> Lack of pretense               | <input type="checkbox"/> Success            |
| <input type="checkbox"/> Community                             | <input type="checkbox"/> Love                           | <input type="checkbox"/> Temperance         |
| <input type="checkbox"/> Compassion                            | <input type="checkbox"/> Marriage                       | <input type="checkbox"/> Tolerance          |
| <input type="checkbox"/> Competence                            | <input type="checkbox"/> Making money                   | <input type="checkbox"/> Tongue control     |
| <input type="checkbox"/> Competition                           | <input type="checkbox"/> Mentoring                      | <input type="checkbox"/> Tranquillity       |
| <input type="checkbox"/> Consistency with<br>Biblical teaching | <input type="checkbox"/> Obedience                      | <input type="checkbox"/> Trust              |
| <input type="checkbox"/> Creativity                            | <input type="checkbox"/> Orderliness                    | <input type="checkbox"/> Truth              |
| <input type="checkbox"/> Determination                         | <input type="checkbox"/> Patience                       | <input type="checkbox"/> Winning            |
| <input type="checkbox"/> Diligence                             | <input type="checkbox"/> Peace                          | <input type="checkbox"/> Worship            |
| <input type="checkbox"/> Efficiency                            | <input type="checkbox"/> Perfection                     |                                             |
| <input type="checkbox"/> Elegance                              | <input type="checkbox"/> Performance                    |                                             |
| <input type="checkbox"/> Encouragement                         | <input type="checkbox"/> Persistence                    |                                             |
| <input type="checkbox"/> Enlightenment                         | <input type="checkbox"/> Personal Power                 |                                             |
| <input type="checkbox"/> Excellence                            | <input type="checkbox"/> Physical vitality              |                                             |
| <input type="checkbox"/> Faithfulness                          | <input type="checkbox"/> Productivity                   |                                             |
| <input type="checkbox"/> Family                                | <input type="checkbox"/> Purity                         |                                             |
| <input type="checkbox"/> Forgiveness                           | <input type="checkbox"/> Quality                        |                                             |
| <input type="checkbox"/> Forward looking                       | <input type="checkbox"/> Recognition                    |                                             |
| <input type="checkbox"/> Freedom                               | <input type="checkbox"/> Relaxation                     |                                             |
| <input type="checkbox"/> Frugality                             | <input type="checkbox"/> Respect for people             |                                             |
| <input type="checkbox"/> Fulfillment                           | <input type="checkbox"/> Respect for life               |                                             |
| <input type="checkbox"/> Fun                                   | <input type="checkbox"/> Respect for<br>the environment |                                             |
| <input type="checkbox"/> Gentleness                            | <input type="checkbox"/> Risk taking                    |                                             |
| <input type="checkbox"/> Genuineness                           | <input type="checkbox"/> Security                       |                                             |
| <input type="checkbox"/> Good taste                            | <input type="checkbox"/> Self-esteem                    |                                             |
| <input type="checkbox"/> Growth                                | <input type="checkbox"/> Self-expression                |                                             |
| <input type="checkbox"/> Hard work                             | <input type="checkbox"/> Sensitivity                    |                                             |
| <input type="checkbox"/> Honesty                               | <input type="checkbox"/> Servanthood                    |                                             |

List your checked values in  
order of importance to you:

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_
- 8 \_\_\_\_\_
- 9 \_\_\_\_\_
- 10 \_\_\_\_\_
- 11 \_\_\_\_\_
- 12 \_\_\_\_\_
- 13 \_\_\_\_\_
- 14 \_\_\_\_\_
- 15 \_\_\_\_\_

contact [www.freedomliving.org](http://www.freedomliving.org) for more information of Values.